

## Employee Assistance Program

### EAP Service Offerings

**Counseling for Employees** - Confidential assessment, referral and short-term counseling for all company employees and their immediate family members. Specialties include: interpersonal conflict, marital, child/adolescent issues, grief, trauma, mental illness, stress, work issues, alcohol/drug assessment, strategic/team planning, and more.

**Resource Referral** - Assistance in locating community, professional and benefit resources such as financial assistance, legal advice, support groups, long term professional treatment, employer benefits and more.

**Immediate Phone Support** - A counselor is available to talk immediately on the phone Monday-Friday, 9-5.

**24/7 Answering Service** - You'll never have to talk to a machine! A live person answers every call and can page an on-call crisis counselor any time of the day or night.

**Trauma Response** - For those unfortunate and unexpected events such as death, suicide, accidents, and crime, etc. Our staff are all trained in Psychological First Aid and Critical Incident Stress Management.

**Online Resources** - Compassion fatigue, trauma response, mental health topics, suggested reading, handouts, worksheets and more on our website: [www.ministryeap.org](http://www.ministryeap.org) as well as Facebook, Twitter, and Pinterest.

**Monthly Mailings** - On wellness topics to your employees by e-mail or through the postal service, as well as other promotional materials such as posters, tear-off cards, magnets, pens and more.

**Onsite Education and Training** - On topics ranging from Work/Life Balance to Reasonable Suspicion. Our experienced trainers will customize any topic to fit your needs, time constraints and group size.  
On-line Web-Ex trainings—When you want training but just can't find the time, we can Web-Ex with your team or pre-record a training for your employees to watch at their convenience.

**Case Management** - When an employee struggles with work performance we work directly with them to help them meet your goals and expectations. We always assess for a full spectrum of problems and provide a range of interventions and support, including (but not limited to): Conflict Resolution Coaching, Self Awareness Training, and one-on-one Anger Management Courses.

**Organizational Consultation** - Whether it's one department or a work culture problem affecting the whole organization, EAP staff will assess the situation and offer recommendations for improvement as well as support through change efforts.

**Leadership Development Seminars** - Our staff have created a dynamic, interactive, research-based seminar just for leaders. The full seminar is typically "above and beyond" standard EAP service so there is some additional cost, however; "stand alone" sessions may be offered at no cost upon request.

**Additional Services Upon Request** - We strive to help you improve your bottom line through counseling, coaching, consultation and support. We commit to on-going learning and continual improvement, so if you have a great idea or an opportunity where we can serve you better, we want to know!

### Contact Us

Don't hesitate to contact us at 800-540-3758 or [eap@ministryhealth.org](mailto:eap@ministryhealth.org).